

Mobility Best Practices

In the context of Second Chance Schools



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This manual...

Erasmus+ mobility programs represent a fundamental tool to promote social inclusion, personal development and the acquisition of key skills in young people and professionals in the field of education.

In the context of Second Chance Schools (E2O), these experiences acquire even greater value, as they allow young people at risk of social exclusion to be offered educational and life opportunities that boost their employability and their integral development.

This manual compiles good practices, recommendations and guidelines for successful mobilities in E2Os.

Its aim is to provide useful material for both professional teams and organizations interested in improving the quality of their Erasmus+ mobility projects.



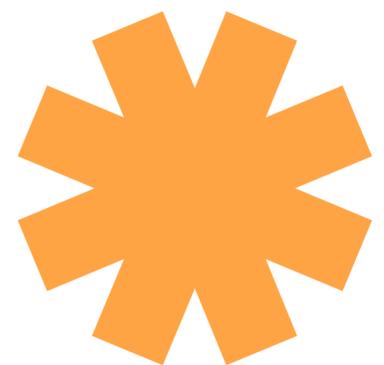
Second Chance Schools

Second Chance Schools are innovative educational institutions that offer flexible, adapted, and personalized learning pathways to young people who have dropped out of compulsory education prematurely or who are in situations of socio-educational vulnerability. Their goal is to provide a genuine second chance to resume their learning, improve their skills, and prepare for working life.

Its main features include:

- ✔ Comprehensive pathways that combine academic training, professional training and personal development.
- ✔ Focus on motivation, individual support and personalization.
- ✔ Close relationship with the business sector to promote employability.
- ✔ Psychosocial support and guidance programs.

E2O programs are based on active methodologies, emotional education, individualized tutoring, and strong networking with public administrations and companies.



E2O and internationality



E2Os are part of a broader international movement aimed at strengthening the model and the transmission of knowledge and experiences.

In Europe, this movement has been structured through consolidated networks that work together to share methodologies, promote quality standards and make the impact of these schools visible.

International and European reference networks

Second Chance Schools are structured through various networks, among which the following stand out:

European Association of Second Chance Schools (E2C Europe)

E2C Europe is the leading European network of Second Chance Schools, founded in 1995 with the support of the European Commission. Its aim is to promote an innovative educational model that responds to the needs of young people disconnected from the traditional education system.

The network promotes:

- ✔ Exchanges of good practices.
- ✔ Youth mobility programs for educators.
- ✔ Impact measurement.
- ✔ Transnational cooperation and international projects.

The Spanish Association of Second Chance Schools (E2O Spain) is an active member of E2C Europe, participating in meetings, European projects and thematic working groups.

E2O and internationality



MedNC (Mediterranean New Chance Network)

MedNC is an international network that brings together second chance initiatives in Mediterranean countries, including Spain, France, Italy, Portugal, Morocco, Tunisia, Algeria, Lebanon and other territories.

Their mission focuses on:

- ✔ Improving the employability of at-risk youth.
- ✔ Promote second chance centers as an educational and employment solution.
- ✔ Promote joint programs for training, entrepreneurship and mobility.
- ✔ Facilitate cooperation between European and southern Mediterranean countries.

E2O Spain is also part of the MedNC network, actively participating in projects, meetings and educational innovation activities.

Collaborating with these networks has strengthened the international dimension of the E2O model, expanded access for vulnerable young people to mobility opportunities, and created spaces for the exchange of good practices for professionals in our centers.

Mobility as a pedagogical tool



Youth mobility in E2O generates transformative impacts:

Personal Benefits

- ✔ Increased self-esteem and autonomy.
- ✔ Development of resilience and adaptability
- ✔ Greater motivation towards education and employment.

Academic and Professional Benefits

- ✔ Improvement of language skills.
- ✔ Acquisition of digital skills and key competencies.
- ✔ Pre-employment experience in real and diverse environments.

Social Benefits !!!

- ✔ Expansion of social and cultural networks.
- ✔ Greater tolerance, intercultural awareness, and social participation.
- ✔ Increased sense of belonging.

Mobility can be a vital turning point for young people whose trajectories are marked by exclusion.

Mobility Best Practices

Mobility programs involving young people in vulnerable situations require careful planning.

This chapter elaborates on the best practices that should be taken into account to ensure safe, inclusive, educational, and transformative mobility experiences.



Mobility Best Practices



Mobility Planning and Preparation



Student Selection and Support



Coordination between Partner Organizations



Learning Methodologies during Mobility



Inclusion, Diversity and Wellbeing



Mobility Planning and Preparation

The planning phase is key to the success of any mobility program. In the context of Second Chance Schools, this phase takes on strategic importance, since participating students often have interrupted educational paths and, in many cases, personal and social insecurities.

Good preparation reduces risks, increases student confidence, and improves the pedagogical quality of the project.





Mobility Planning and Preparation

Individualized diagnosis of students

- ✔ Conduct personal interviews to learn about motivations, fears, abilities, and specific needs.
- ✔ Evaluate linguistic, digital, social and personal autonomy skills.
- ✔ Identify potential barriers (economic, emotional, family, administrative).
- ✔ Adapt the mobility (duration, tasks, accompaniment) to the participant's profile.

Analysis of the socio-family context to identify the support available in their environment.

- ✔ Detect situations of vulnerability that require special monitoring.
- ✔ Develop prevention plans in case of identified risks.

Appropriate selection of European partners

- ✔ Prioritize organizations with experience in inclusion and working with vulnerable youth.
- ✔ Verify the existence of protocols for security, accommodation, transportation, and accompaniment.
- ✔ Verify that the partner's methodological approach is compatible with that of the E2O.

Defining clear educational objectives

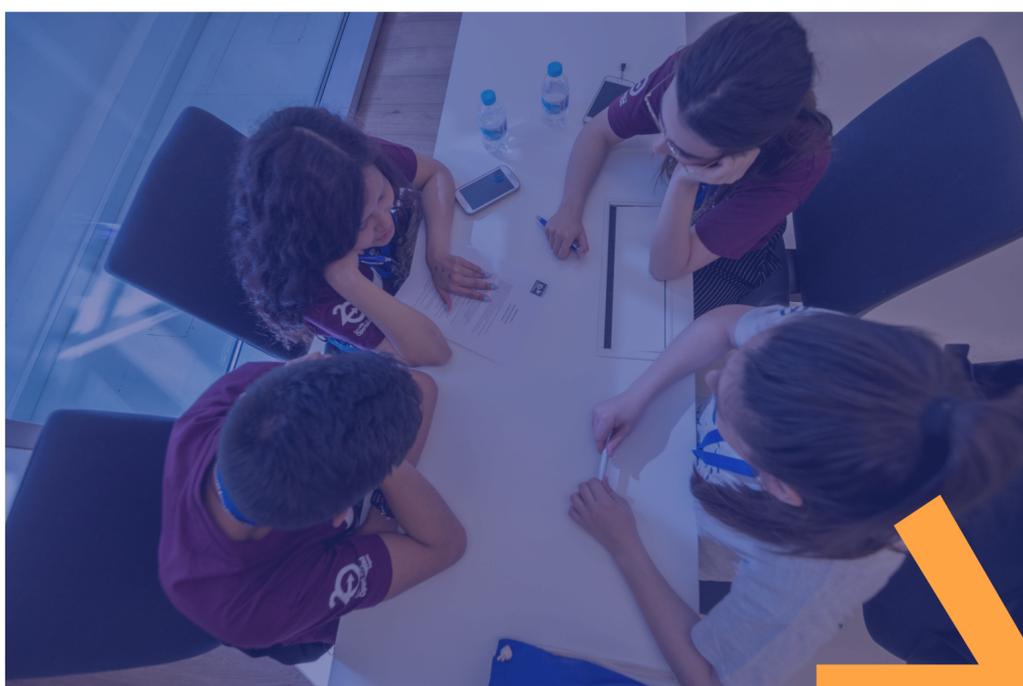
- ✔ Professional skills to be acquired.
- ✔ Social and personal skills.
- ✔ Associated activities and projects.
- ✔ Evaluation and monitoring system.



Student Selection and Support

Student selection and support are central to the success of a mobility program. In E2O programs, the goal is not to select the students with the best academic results, but rather to help consolidate their educational path, autonomy, and soft skills.

This monitoring allows for the early detection of difficulties, reinforces motivation, and ensures that the experience translates into meaningful learning. Solid support also helps to strengthen students' self-esteem and confidence.





Student Selection and Support

Inclusive and equitable criteria



- ✔ Consider motivation, progress, and attitudes beyond technical skills and involvement in E2O.
- ✔ Ensure transparency in the selection process.

Emotional and social preparation

- ✔ Reinforce in the classroom the work on soft-skills applicable to the mobility experience, such as anxiety management, conflict resolution and coexistence.
- ✔ Activities to strengthen group cohesion.
- ✔ Tutoring sessions to identify prior expectations, concerns, and fears.

Individualized tutoring before, during and after



- ✔ Professional support for emotional follow-up.
- ✔ Record of incidents and actions taken.
- ✔ Training follow-up meetings.

Involvement of families or role models

- ✔ Information meetings.
- ✔ Communication protocols during mobility.
- ✔ Shared commitment agreements.



Coordination between Partner Organizations

Coordination among participating organizations is a determining factor in the mobility. In the case of E2O exchanges, poor coordination can lead to risky situations or pedagogical mismatches.

Effective collaboration is based on mutual trust, constant communication, and clear definition of roles and responsibilities. Coordination should not be limited to logistical aspects but must include pedagogical and methodological alignment to ensure that the experience in the host country meets the project's educational and personal objectives.





Coordination between Partner Organizations

Alignment meetings ✓

- ✓ Real-world activities connected to professional sectors.
- ✓ Collaborative projects with other young people.

Shared documentation

- ✓ Mobility agreements.
- ✓ Emergency protocols.

Collaborative tools

- ✓ Shared platforms (Drive, Teams, Moodle).
- ✓ Monitoring reports.

Real-time incident resolution

- ✓ Reference personnel in both countries.
- ✓ Immediate communication channels.

Pedagogical coherence ⚡

- ✓ Ensure that the activities proposed by the European partner are aligned with the training objectives.



Learning Methodologies during Mobility

Mobility should be conceived as a space for active, meaningful and contextualized learning.

During mobility periods, methodologies should promote participation, autonomy, and the connection between practical experience and personal and professional development. Learning is not limited to the educational or work environment but also occurs through coexistence, intercultural interaction, and the resolution of everyday situations.





Learning Methodologies during the Mobility

Project-based learning

- ✓ Real-world activities connected to professional sectors.
- ✓ Collaborative projects with other young people.

Internships in companies or training workshops

- ✓ Tasks adapted to the participant's level.
- ✓ Professional tutoring.
- ✓ Guided observation.

Continuous assessment

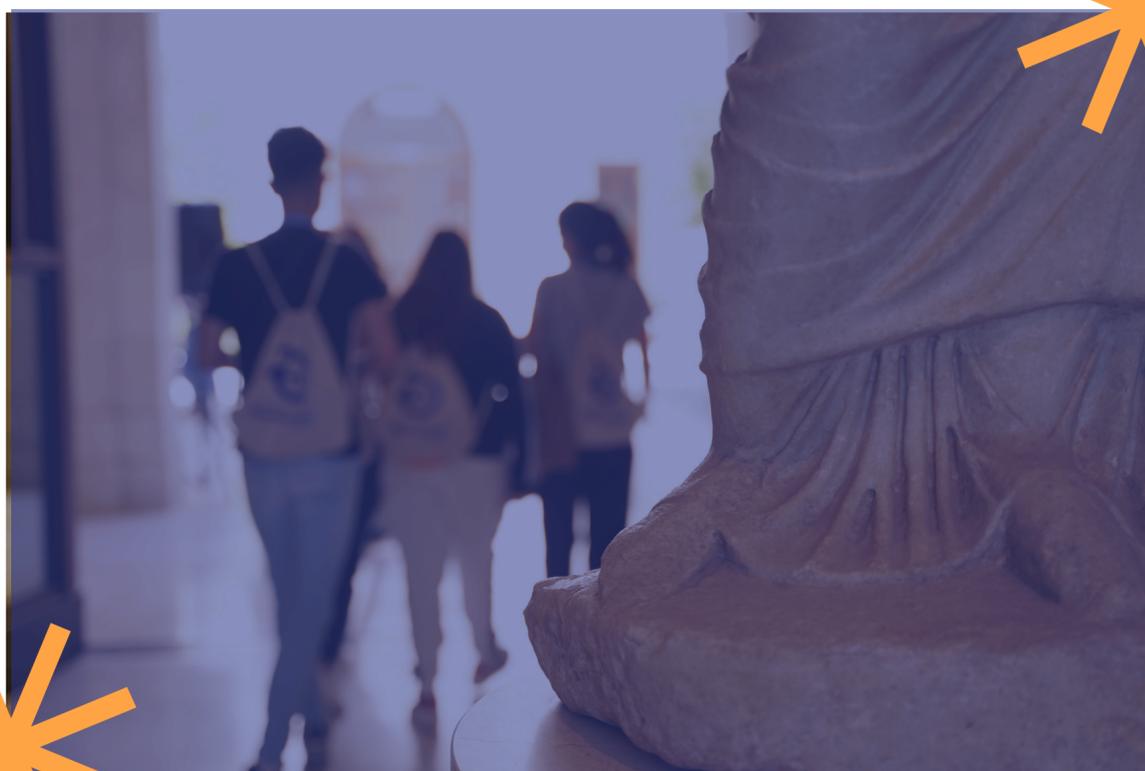
- ✓ Self-assessment and peer assessment.
- ✓ Feedback from educators and companies.



Inclusion, Diversity and Wellbeing

Inclusion, attention to diversity, and the overall well-being of students must be at the heart of any Erasmus+ mobility program. Young participants may face emotional, social, or economic vulnerabilities that require specific and sensitive support.

Ensuring well-being involves creating safe, trusting, and supportive environments where students feel accompanied and respected. It also means recognizing diversity as a value and adapting mobility to individual needs, avoiding homogenous approaches that could lead to exclusion or frustration.





Inclusion, Diversity and Wellbeing

Inclusive mobility design

- ✔ Personal, social, professional and emotional skills.
- ✔ Assessment of the impact on motivation and self-esteem.

Structured emotional support ★★★★★

- ✔ Spaces for daily listening.
- ✔ Strategies for managing anxiety or blocks.
- ✔ Accessible professional support.

! Risk prevention

- ✔ Detailed crisis plan.
- ✔ Emergency contacts.
- ✔ Basic safety training.

Cohesion and well-being activities

- ✔ Group dynamics.
- ✔ Cultural or sporting activities.



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www.e2oespana.org/